

Freedas

The Complete Feminine Beauty Zone

1. HANDS & FEET TREATMENT

MANICURE & PEDICURE:

A manicure is a cosmetic beauty treatment for the fingernails and hands performed in a nail salon. A manicure consists of filing, shaping of the free edge, pushing (with cuticle pusher) and clipping (with cuticle nippers) any nonliving tissue (limited to cuticle and hand nails) from the nail plate, treatments, massage of the hand and the application of polish.

When applied to the toenails and feet, this treatment is referred to as a pedicure.

SOAK-OFF GEL NAIL:

Soak-off gel nails are often otherwise known as "soft" gel nails. Traditional nail polish is paint, wait forever, and go. It chips easily and can be a pain to remove. Soak-off gel nail polish is painted on as well, but after each layer, it is "cured" with a UV light. This means that the nails are placed under the light to dry before adding another layer. Soak-off gel polishes can be soaked in acetone for removal. They are more flexible and lightweight, which sounds better to most because they seem more natural

PARAFFIN WAX TREATMENT:

The hands or feet are typically dipped into a tub of warm paraffin wax -- often two or three times -- to create a thick coating that will retain heat for several minutes. As the wax hardens, the paraffin's natural emollient softens skin and the heat opens pores. When the cooled wax is pulled away from the skin, it also removes dead skin cells, leaving skin smoother.

Paraffin wax treatments are also beneficial to dry, cracked hands and feet. Paraffin is an excellent moisturizer because it forms a light waterproof coating over your skin that helps it retain the oils produced by your body. This "waterproofing" makes paraffin treatments great for soothing and healing dry, cracked skin - particularly winter-worn hands and feet - because it offers protection from external elements.

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1. BASIC MANICURE	HK\$100.00
2. DELUXE MANICURE	HK\$150.00
3. BASIC PEDICURE	HK\$140.00
4. DELUXE PEDICURE	HK\$190.00
5. FRENCH MANICURE	HK\$130.00
6. FRENCH PEDICURE	HK\$160.00
7. NAIL PAINT ONLY	HK\$ 50.00
8. SHELLAC SOFT GEL MANICURE	HK\$180.00
9. SHELLAC SOFT GEL PEDICURE	HK\$220.00
10. SHELLAC SOFT GEL FRENCH MANICURE	HK\$220.00
11. SHELLAC SOFT GEL FRENCH PEDICURE	HK\$250.00
12. SHELLAC REMOVING	HK\$ 60.00
13. SHELLAC GEL PAINT ONLY	HK\$100.00
14. EXPRESS MANICURE (CLIP, SHAPE AND POLISH)	HK\$ 70.00
15. EXPRESS PEDICURE (CLIP, SHAPE AND POLISH)	HK\$ 90.00

